

MORNING PRAYER in ORDINARY TIME

You may wish to light a candle and have some reflective music playing in the background

Preparation

O Lord, open our lips and our mouth shall proclaim your praise. In your resurrection, O Christ, let heaven and earth rejoice. Alleluia.

The Lord is full of compassion and mercy, slow to anger and of great kindness.

He will not always accuse us, neither will he keep his anger for ever.

He has not dealt with us according to our sins, nor rewarded us according to our wickedness.

For as the heavens are high above the earth, so great is his mercy upon those who fear him.

As far as the east is from the west, so far has he set our sins from us.

As a father has compassion on his children, so is the Lord merciful towards those who fear him.

For he knows of what we are made; he remembers that we are but dust.

Our days are but as grass; we flourish as a flower of the field;

For as soon as the wind goes over it, it is gone, and its place shall know it no more.

But the merciful goodness of the Lord is from of old and endures for ever on those who fear him, and his righteousness on children's children;

On those who keep his covenant and remember his commandments to do them.

Psalm 103.8-18

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Psalm and Bible Reading - see appendix for daily readings

Response to Psalm

Glory to the Father and to the Son and to the Holy Spirit; as it was in the beginning is now and shall be for ever. Amen.

Responsory

Trust in the Lord with all your heart; and be not wise in your own sight.

Trust in the Lord with all your heart; and be not wise in your own sight.

In all your ways acknowledge him and he will make straight your paths.

Trust in the Lord with all your heart.

Glory to the Father and to the Son and to the Holy Spirit.

Trust in the Lord with all your heart; and be not wise in your own sight.

from Proverbs 3

Prayers

Almighty and everlasting God, we thank you that you have brought us safely to the beginning of this day.
Keep us from falling into sin or running into danger; order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. Amen.

Keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support the anxious and fearful, and lift up all who are brought low; that we may rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Pause and pray for:

- The Queen, our Government and all making decisions that impact our nation and beyond
- Individuals and their needs
- The poor and oppressed
- All who are sick or bereaved
- All affected medically or financially by Coronavirus
- Churches and their response
- All involved with St Wilfrid's in any way
- Christians who are persecuted for their faith

The Lord's Prayer

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

The Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life. Amen.

Let us bless the Lord. Thanks be to God.

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