

Everyone has questions

Alpha is a series of sessions exploring the Christian faith. Each week looks at a different question around life and faith such as

- * Is there more to life than this?
- * Who is Jesus?
- * How can I make the most of the rest of my life?

Alpha is fun, relaxed and free - and you can ask anything you like! Millions around the world have found it a wonderful introduction to the Christian faith.

Each session starts with a meal. There's a video presentation and plenty of time to ask questions and share opinions - it's designed to create conversation. And there's no obligation and no pressure.

'Alpha was the best thing I ever did. It helped answer some huge questions and to find a simple empowering faith in my life.'

Bear Grylls, TV Adventurer

Contact vicar@stwilfridscowplain.co.uk to find out more